

Weekly Wellbeing  
Topic Map 2020-2021

Weekly Wellbeing is taught through 4 main themes. These are:

- Health and Wellbeing
- Healthy Relationships
- Safeguarding
- Living in the Wider World

Safeguarding topics are divided across the year, and cover topics such as Prevent, knife crime and county lines. These are often delivered through year group assemblies with follow up discussions in the classroom.

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Year 7</b>	Welcome to Trinity Health & Wellbeing – Healthy Minds	Healthy Relationships – Bullying	Living in the Wider World – Community	Health & Wellbeing – Puberty	Health & Wellbeing – Healthy Living	Living in the Wider World – Careers and Finance
<b>Year 8</b>	Health & Wellbeing – Healthy Minds	Healthy Relationships – Discrimination	Living in the Wider World - Careers	Health & Wellbeing – Drugs and Alcohol	Healthy Relationships – Identity and Relationships	Living in the Wider World – Digital Literacy
<b>Year 9</b>	Health & Wellbeing – Peer Influence	Healthy Relationships – Families	Living in the Wider World – Setting Goals	Healthy & Wellbeing – My Health, My Future	Healthy Relationships – Intimate Relationships	Living in the Wider World – Citizenship
<b>Year 10</b>	Health & Wellbeing – Mental Health	Healthy Relationships – Healthy Emotions in Intimate Relationships	Living in the Wider World – Financial Decision Making	Living in the Wider World – Citizenship	Health & Wellbeing – Exploring Influence	Healthy Relationships – Extremism & Radicalisation
<b>Year 11</b>	Living in the Wider World – Next Steps	Health & Wellbeing – Building for the Future	Healthy Relationships – Families	Healthy Relationships – Challenges	Health & Wellbeing – My Health	EXAMS