

# Transition Newsletter

## Issue 1

Welcome to the first of our weekly transition newsletters that have been specifically created for our new Year 6 students, who are due to start with us in September. During these unprecedented times, we feel that it's important for your child to get a good understanding of the exciting opportunities that await them when they start with us in Year 7. Over the coming weeks, this newsletter will cover a range of topics that we hope you will find interesting and useful. Alongside this newsletter, we encourage you to regularly visit the school website, where you will find lots of useful information, especially in the **Transition** section, which is just for our Year 6 students (and their parents!).

## Thought of the week:

### How will I make friends?

I'm sure that many of you will have been thinking about how you are going to make new friends when you start at secondary school. Don't worry – it's perfectly normal to feel a little bit nervous about this. Click [here](#) to watch a short video from the BBC.

#### Top Tips

- Smile and be approachable
- Join a club or after school activity
- Make an effort to speak to people
- Don't rush: the most genuine friendships develop gradually
- You will be seated with different people in different subjects - this is a good opportunity to form new friendships.

## Meet a member of staff

### Mr Johnson – Principal

A very warm welcome to Trinity Academy Sowerby Bridge (or TASB as we call it). We are delighted to be embarking on this exciting journey together over the next five years.

This is a very exciting time for you and we aim to support you all over the coming months to ensure that you are confident and excited about starting with us in September.

Over the next weeks and months, you will receive regular updates which we hope you find useful. We would also encourage you to contact the academy if there is anything that you would like to have more information about. I look forward to eventually meeting you all in person.

Mr Johnson



## Values at TASB - Empathy

At Trinity Academy Sowerby Bridge we have four core values. These are four values that we think are incredibly important in life, to be both successful in the world of work and also to be a well-rounded, good person. We ensure that these core values are at the heart of all that we do.

**Empathy** means to consider and understand other people's feelings; to put yourself in the shoes of another person. If we are empathetic, we are thinking about how our actions and the actions of other people make everyone feel. During this health crisis, it is very important to be empathetic. Consider how people who live alone might feel, or someone who has a health condition?

## Transition Video

Each week we will be bringing you a new transition video to help you get a better understanding of what life is like at Trinity Academy Sowerby Bridge.

This week, we have created a video all about our English department and what you can expect to study in Year 7.

If you haven't seen it yet, please go to the Transition page on our website by clicking [here](#).

We have created a quiz for you, based on the information in the video. If you would like to enter the prize draw, please click the link [here](#).

# Subject Challenge

## Drama

Drama is one of the new subjects that you will be studying in Year 7.

To be the very best actor, you need to be able to warm up the muscles in your mouth, so that when you speak, the audience will know exactly what you are saying.

Here are some fun tongue twisters for you to try and learn at home, before you start at Trinity Academy Sowerby Bridge in September.

The trick is to try and repeat each of the tongue-twisters as many times as you can, as fast as you can, without getting it wrong.

- Can you challenge other people in your house to have a go?
- Who is the tongue-twister champion in your house?
- Are there any other tongue-twister you know that you can teach someone?

We look forward to hearing these in your first Drama lesson!

**BRITISH COUNCIL**

## Tongue-twisters





Red lorry, yellow lorry



I scream you scream we all scream for ice cream

Fresh fried fish, fish fresh fried, fried fish fresh, fish fried fresh





She sells seashells by the seashore



Three free throws



Give papa a cup of proper coffee in a copper coffee cup

**LearnEnglish Kids**  
[www.britishcouncil.org/learnenglishkids](http://www.britishcouncil.org/learnenglishkids)

**TeachingEnglish**  
[www.teachingenglish.org.uk](http://www.teachingenglish.org.uk)

## Information about TASB

### Structure of the day

You must be in school by 8:55am, every day.

Session	Time
Period 1	09:00-10:00
Period 2	10:00-11:00
Form Time	11:00-11:20
Break Time	11:20-11:40
Period 3	11:40-12:40
Period 4	12:40-13:40
Lunch	13:40-14:10
Period 5	14:10-15:10

## Contact Us

Additional resources are available on the school website, click [here](#).

### Have any questions?

Please feel free to contact us:

Email: [TASB-transition@sowerby.trinitymat.org](mailto:TASB-transition@sowerby.trinitymat.org)

Telephone: 01422 831 011

Web: [www.sowerby.trinitymat.org](http://www.sowerby.trinitymat.org)