

## Structure of the Day

Monday, Tuesday, Thursday, Friday

		Y7	Y8	Y9	Y10	Y11
Period 1	9:00 to 9:55					
Period 2	9:55 to 10:55					
FT/Break	10:55 to 11:15	Form	Form	Break	Break	Form
	11:15 to 11:20	Form	Form	Form	Form	Form
	11:20 to 11:40	Break	Break	Form	Form	Break
Period 3	11:40 to 12:40					
Period 4a	12:40 to 13:10			Lunch	Lunch	
Period 4b	13:10 to 13:40		Lunch			
Period 4c	13:40 to 14:10	Lunch				Lunch
Period 5	14:10 to 15:10					

Wednesday

		Y7	Y8	Y9	Y10	Y11
Period 1	9:00 to 10:00					
Period 2	10:00 to 10:40					
Weekly Wellbeing / Break	10:40 to 11:00	Weekly Wellbeing	Weekly Wellbeing	Break	Break	Weekly Wellbeing
Weekly Wellbeing	11:00 to 11:20	Weekly Wellbeing	Weekly Wellbeing	Weekly Wellbeing	Weekly Wellbeing	Weekly Wellbeing
Weekly Wellbeing / Break	11:20 to 11:40	Break	Break	Weekly Wellbeing	Weekly Wellbeing	Break
Period 3	11:40 to 12:40					
Period 4a	12:40 to 13:10			Lunch	Lunch	
Period 4b	13:10 to 13:40		Lunch			
Period 4c	13:40 to 14:10	Lunch				Lunch
Period 5	14:10 to 15:10					