	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Quorn kofta wrap with salad or wedges	Korean chicken with rice and steamed cabbage	Cajun chicken with spiced corn and potato wedges	Beef taco with rice and selection of vegetables	Battered fish, chips, peas and gravy or curry sauce
FEATURED	SPICE	BOWL	bĩrd	259	CHIPS
VEGGIE MAIN	Piri-Piri wrap filled with onions, peppers and Quorn. Served with salad or wedges	Thai red curry with rice and wilted greens	Spiced cauliflower burger with caramelised onions and potato wedges	Quorn taco with rice and selection of vegetables	Homemade cheese pie with chips and peas
PASTA	Herby tomato penne (v)	Bolognese pasta bake	Tomato & roasted red peppers spaghetti (v)	Pesto pasta penne (v)	Creamy garlic butter conchiglie (v)
HOT GRAB & GO	Pizza with pepperoni and oregano	Sweet chilli chicken wrap	Freshly baked sausage roll	Panini pizza with pepperoni	Quesadilla with ham and cheese
DESSERT	Steamed sponge and custard (v)	Chocolate and beetroot brownie (v)	Churros with dipping sauce (v)	Apple crumble and cream (v)	lced chocolate sponge (v)