

Y9 Topics



Year 9 Weekly Wellbeing - Term 1			
Topic	PSHE Strand	British Value	Specific PSHE Area
Gang Culture Child Criminal Exploitation	Living in the Wider World	Rule of Law	Personal Safety, Criminal Exploitation, Crime Prevention and the Law
Laws Surrounding Knives Implications of Knife Crime	Living in the Wider World	Rule of Law	Rights, Responsibilities, Personal Safety and Criminal Law
Drugs Laws and Possession of Drugs	Health and Wellbeing	Rule of Law	Drugs, Alcohol and Tobacco Education
What is Addiction? Risks of Drug Addiction	Health and Wellbeing	Individual Liberty	Physical Health, Mental Health and Risk Management
Misogyny and Incel Culture (Careers – Content Creator)	Relationships	Mutual Respect	Respectful Relationships, Equality, Gender Stereotypes and Online Influences
Diwali and Bonfire Awareness Student Elections	Living in the Wider World	Tolerance of Different Faiths and Beliefs Democracy	Diversity, Culture, Community Awareness and Personal Safety

Year 9 Weekly Wellbeing - Term 2			
Topic	PSHE Strand	British Value	Specific PSHE Area
AI Literacy Deep Fakes	Living in the Wider World	Democracy	Media Literacy, Digital Citizenship, Critical Thinking and Online Safety
Positive and Healthy Relationships	Relationships	Mutual Respect	Respectful Relationships, Healthy Relationships and Communication Skills
Different Families	Relationships	Mutual Respect	Families, Diversity and Respect for Different Family Structures
Divorce Managing Conflict at Home	Relationships	Mutual Respect	Family Relationships, Conflict Resolution and Emotional Wellbeing
Positive Family Relationships (Careers – Public Services)	Relationships	Mutual Respect	Family Relationships, Support Networks and Positive Communication
Seeking Support	Health and Wellbeing	Individual Liberty	Mental Health, Emotional Wellbeing and Accessing Support
Cultures Day - festive season	Living in the Wider World	Tolerance of Different Faiths and Beliefs	Diversity, Inclusion, Community Cohesion and Cultural Awareness

Year 9 Weekly Wellbeing - Term 3			
Topic	PSHE Strand	British Value	Specific PSHE Area
Careers Options	Living in the Wider World	Individual Liberty	Careers Education, Aspirations and Future Planning
Employability Skills	Living in the Wider World	Individual Liberty	Employability, Skills Development and Preparation for Work
Options After Year 11	Living in the Wider World	Individual Liberty	Careers, Education Pathways and Decision Making
University Finance	Living in the Wider World	Individual Liberty	Financial Education, Higher Education and Economic Wellbeing
Stress Awareness (Careers – Counsellor)	Health and Wellbeing	Individual Liberty	Mental Health, Emotional Wellbeing and Stress Management
LGBTQ+ History Awareness	Relationships	Tolerance of Different Faiths and Beliefs	Equality, Diversity, Inclusion and Respectful Relationships

Year 9 Weekly Wellbeing - Term 4			
Topic	PSHE Strand	British Value	Specific PSHE Area
Impact of Alcohol	Health and Wellbeing	Individual Liberty	Alcohol Education, Risk Management and Healthy Lifestyles
Impact of Nicotine Peer Pressure	Health and Wellbeing	Individual Liberty	Smoking, Vaping, Risk Management and Peer Influence
Women's Health	Health and Wellbeing	Individual Liberty	Physical Health, Body Awareness and Preventative Health
Men's Health	Health and Wellbeing	Individual Liberty	Physical Health, Body Awareness and Preventative Health
Choices Affecting Future Health	Health and Wellbeing	Individual Liberty	Healthy Lifestyles, Decision-Making and Personal Responsibility

Year 9 Weekly Wellbeing - Term 5			
Topic	PSHE Strand	British Value	Specific PSHE Area
The Law on Consent	Relationships	Rule of Law	Consent, Rights and Responsibilities, Healthy Relationships
Intimate Relationships	Relationships	Mutual Respect	Healthy Relationships, Communication and Respect
Sexual Health	Health and Wellbeing	Individual Liberty	Sexual Health, Informed Choices and Personal Wellbeing
Pregnancy Choices	Health and Wellbeing	Individual Liberty	Sexual Health, Parenthood, Choices and Responsibilities
My future Options post-16	Living in the Wider World	Individual Liberty	Careers, Education Pathways and Decision Making
Sexism Gender-Based Violence	Relationships	Mutual Respect	Equality, Gender Stereotypes, Respect and Violence Prevention
Intimidation and Antisocial Behaviour	Living in the Wider World	Rule of Law	Personal Safety, Criminal Behaviour and Community Responsibility
Autism Awareness	Relationships	Mutual Respect & Tolerance of Different Faiths and Beliefs	Diversity, Inclusion, Equality and Understanding Difference

Year 9 Weekly Wellbeing - Term 6			
Topic	PSHE Strand	British Value	Specific PSHE Area
UK Democratic System and Democracy	Living in the Wider World	Democracy	Citizenship, Democracy, Political Literacy and Active Participation
Parliament The role of the Monarch	Living in the Wider World	Democracy	UK Government, Citizenship and Democratic Processes
Criminal Justice	Living in the Wider World	Rule of Law	Rights, Responsibilities, Crime, Justice and the Legal System
Rights as a British Citizen	Living in the Wider World	Democracy	Citizenship, Human Rights and Civic Responsibility
Smart Spending – Budgeting and Bank Accounts	Living in the Wider World	Individual Liberty	Financial Education, Budgeting and Economic Wellbeing
Credit, Debt and Protecting Your Money	Living in the Wider World	Individual Liberty	Financial Decision-Making, Consumer Awareness and Money Management
Cultures Day – summer celebration	Relationships / Living in the Wider World	Tolerance of Different Faiths and Beliefs	Diversity, Inclusion, Community Cohesion and Cultural Awareness