WEEK ONE MENU

MON

CREAMY GARLIC PASTA
with Garlic Doughballs, and Mixed Salad

V

VEGGIE FAJITA
with Cajun Wedges, and Mixed Salad

V

TUE

VEGETABLE TIKKA MASALA
with Chota Naan, Rice and Mixed Salad

VE

BUTTER CHICKEN
with Chota Naan, Rice and Mixed Salad

H

WED

MIXED BEAN CHILLI
with Rice & Vegetables

V

TRADITIONAL COTTAGE PIE
with Vegetables & Gravy

H

THUR

BEETROOT & FETA BURGER
with Crispy Masala Potatoes & Mixed Salad

V

CHICKEN SHAWARMA
with crispy Masala Potatoes, Sweetcorn & mixed Salad

H

FRI

CHEESE & ONION SLICE
with Chips, Baked Beans or Peas

VE

SOUTHERN FRIED CHICKEN STRIPS
with Chips, Baked Beans or Peas

H

Good food
Good mood

Nutritionist's Choice · V Vegetarian · VE Vegan
Oily Fish · Wholegrain · H Halal Available

W/C: 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026

FOOD UNION

Our menu is subject to change.

AW26

Internal

WEEK TWO MENU

MON

VEGETABLE BURRITO
with Cajun Wedges
and Mixed Salad

MORROCAN SPICED PITTA
with Cajun Wedges & Mixed
Salad'';

TUE

SATAY VEGETABLE NOODLES

CHILLI CON CARNE
with Rice, Salad and Nachos

WED

SWEET POTATO & BEAN SAUSAGE ROLL
with Garlic & Herb Potatoes and Mixed Salad

BEEF LASAGNE
with Garlic & Herb Potatoes and mixed Salad

THUR

QUORN ROAST DINNER
with Roast Potatoes,
Vegetables and Gravy

ROAST CHICKEN DINNER
with Roast Potatoes,
Vegetables and Gravy

FRI

TEX MEX BEAN BURRITO
Served with Chips,
Baked Beans or Peas

BATTERED FISH
Served with Chips,
Baked Beans or Peas

Good food
Good mood

Nutritionist's Choice · V Vegetarian · VE Vegan
Oily Fish · Wholegrain · H Halal Available

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FOOD UNION

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AW26

Internal

WEEK THREE MENU

MON

VEGETARIAN LASAGNE
with Garlic & Herb Potatoes, Sweetcorn and Mixed Salad

CHICKPEA AND TOMATO MASALA
with Rice and Peas

TUE

MIXED BEAN CHILLI WITH CRUNCHY TORTILLA
with Rice & Mixed Salad

MANDARIN CHICKEN
with Rice and mixed Salad

WED

VEGGIE COTTAGE PIE
with Peas & Gravy

CHICKEN SAUSAGE BITES
with Mashed Potato, Peas & Gravy

THUR

GARLIC AND HERB MAC AND CHEESE POT

with peas, and your choice of topper:

Crispy Cauliflower
Chipotle Sweetcorn
Chiili No Carne
BBQ Pulled Chicken

FRI

URBAN VEGAN HOT DOG
with Chips, Baked Beans or Peas

TENNESSEE CRISPY CHICKEN BURGER
Served with Chips, Baked Beans or Peas

Good food Good mood

Nutritionist's Choice · Vegetarian · Vegan
Oily Fish · Wholegrain · Halal Available

W/C: 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026

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