

WEEK ONE MENU

TUE

VEGETABLE TIKKA MASALA

with Chota Naan, Rice
and Mixed Salad



BUTTER CHICKEN

with Chota Naan,
Rice and Mixed Salad



THUR

BEETROOT & FETA BURGER

with Crispy Masala Potatoes & Mixed
Salad



CHICKEN SHAWARMA

with crispy Masala Potatoes, Sweetcorn
& mixed Salad



Good food
Good mood

MON

CREAMY GARLIC PASTA

with Garlic Doughballs,
and Mixed Salad



VEGGIE FAJITA

with Cajun Wedges,
and Mixed Salad



WED

MIXED BEAN CHILLI

with Rice & Vegetables



TRADITIONAL COTTAGE PIE

with Vegetables & Gravy



FRI

CHEESE & ONION SLICE

with Chips, Baked Beans or Peas



SOUTHERN FRIED CHICKEN STRIPS

with Chips, Baked Beans or Peas



**FOOD
UNION**

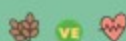


W/C: 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026, 00/00/2026

WEEK TWO MENU

TUE

SATAY VEGETABLE NOODLES



CHILLI CON CARNE
with Rice, Salad and Nachos



THUR

QUORN ROAST DINNER
with Roast Potatoes,
Vegetables and Gravy



ROAST CHICKEN DINNER
with Roast Potatoes,
Vegetables and Gravy



Good food
Good mood

Nutritionist's Choice Vegetarian Vegan
 Oily Fish Wholegrain Halal Available

MON

VEGETABLE BURRITO
with Cajun Wedges
and Mixed Salad



MORROCAN SPICED PITTA
with Cajun Wedges & Mixed
Salad'';



WED

**SWEET POTATO & BEAN SAUSAGE
ROLL**

with Garlic & Herb Potatoes and Mixed
Salad



BEEF LASAGNE

with Garlic & Herb Potatoes and mixed
Salad



FRI

TEX MEX BEAN BURRITO
Served with Chips,
Baked Beans or Peas



BATTERED FISH
Served with Chips,
Baked Beans or Peas

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WEEK THREE MENU

TUE

MIXED BEAN CHILLI WITH CRUNCHY TORTILLA

with Rice & Mixed Salad



MANDARIN CHICKEN

with Rice and mixed Salad



THUR

GARLIC AND HERB MAC AND CHEESE POT

with peas, and your choice of topper:

Crispy Cauliflower

Chipotle Sweetcorn

Chilli No Carne

BBQ Pulled Chicken

Good food
Good mood



Nutritionist's Choice



Vegetarian



Vegan



Oily Fish



Wholegrain



Halal Available

MON

VEGETARIAN LASAGNE

with Garlic & Herb Potatoes, Sweetcorn
and Mixed Salad



CHICKPEA AND TOMATO MASALA

with Rice and Peas



WED

VEGGIE COTTAGE PIE

with Peas & Gravy



CHICKEN SAUSAGE BITES

with Mashed Potato, Peas & Gravy



FRI

URBAN VEGAN HOT DOG

with Chips, Baked Beans or Peas



TENNESSEE CRISPY CHICKEN BURGER

Served with Chips,
Baked Beans or Peas



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